

ANNUAL REPORT 2019-20



Graduate Medical Education

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TO THE HEALTH CARE WORKERS FIGHTING FOR OUR LIVES, THANK YOU.

DEAN FOR GRADUATE MEDICAL EDUCATION STATEMENT

I. MICHAEL LEITMAN, MD, FACS

As the Dean for Graduate Medical Education and Designated Institutional Official, I have the distinct privilege of ensuring that those physicians who choose to train in a post-graduate medical training program at the Icahn School of Medicine at Mount Sinai (ISMMS) are provided with the training and resources necessary to ensure they become outstanding clinicians, educators and scholars.

Over the next few pages you will have the opportunity to learn more about our GME program and the many exciting ways in which we are seeking to lead and innovate in a variety of areas including Well-Being and Resilience, Quality and Patient Safety, and Scholarly Activity.

The 2019-20 Academic Year was marked by the dramatic impact of COVID-19 and the extraordinary work of residents and fellows across our sponsoring institution in response to the needs of patients across our hospital sites. We also saw programs demonstrate incredible flexibility and creativity to ensure that education continued during a period with numerous challenges.

This annual report is only a snapshot of the many ways the Icahn School of Medicine at Mount Sinai is striving to be a national leader in Graduate Medical Education.

On behalf of the leadership of ISMMS and the Mount Sinai Health System, I would like to thank you for taking the time to review this report and allowing us to share our many achievements from the preceding year.



I. Michael Leitman, MD, FACS

Dean for Graduate Medical Education
Professor, Surgery; Medical Education
Icahn School of Medicine at Mount Sinai



Adriana K. Malone, MD

Senior Associate Dean for Graduate Medical Education
Associate Professor, Medicine, Hematology and Medical Oncology; Medical Education
Icahn School of Medicine at Mount Sinai



Saadia Akhtar, MD

Associate Dean for Trainee Well-Being and Resilience in Graduate Medical Education
Associate Professor, Emergency Medicine; Medical Education
Icahn School of Medicine at Mount Sinai



Michael R. Berman, MD, MBI

Associate Dean for Quality and Patient Safety in Graduate Medical Education
Professor, Obstetrics, Gynecology and Reproductive Science
Icahn School of Medicine at Mount Sinai



Samuel Sandowski, MD

Vice President of Medical Education, Mount Sinai South Nassau
Professor, Family Medicine & Community Health; Medical Education
Icahn School of Medicine at Mount Sinai



Brijen J. Shah, MD

Associate Dean for Quality and Patient Safety in Graduate Medical Education
Associate Professor, Medicine, Gastroenterology; Geriatrics and Palliative Medicine;
Medical Education
Icahn School of Medicine at Mount Sinai

GME BY THE NUMBERS

2258

Residents and clinical fellows in Accreditation Council for Graduate Medical Education (ACGME) accredited training programs under the sponsorship of the Icahn School of Medicine at Mount Sinai, the largest number nationally in 2018-19.

146

ACGME accredited residency and fellowship training programs under Icahn School of Medicine at Mount Sinai sponsorship in 2019-20.

9

Primary hospital sites where training takes place, including The Mount Sinai Hospital; Mount Sinai Beth Israel; Mount Sinai St. Luke's; Mount Sinai West; Mount Sinai South Nassau; New York Eye and Ear Infirmary of Mount Sinai; NYC Health+ Hospitals/Elmhurst; NYC Health+Hospitals/ Queens; and the James J. Peters VA Medical Center.

The start of the 2019-20 Academic Year saw the following residency programs at **Mount Sinai South Nassau** come under the sponsorship of ISMMS:

- Family Medicine
- Internal Medicine
- Obstetrics and Gynecology
- Podiatric Medicine and Surgery
- Surgery
- Transitional Year

New ACGME Training Programs in **2019-20**

- Internal Medicine-Pediatrics, Mount Sinai Hospital
- Laboratory Genetics and Genomics, Mount Sinai Hospital
- Pediatric Hospital Medicine, Mount Sinai Hospital
- Pediatric Pulmonology, Mount Sinai Hospital



A COMMITMENT TO DIVERSITY AND INCLUSION

The Icahn School of Medicine at Mount Sinai has a longstanding commitment to reach a diverse field of candidates to join our residency and fellowships programs.

In partnership with the [Office for Diversity and Inclusion](#) and the [Center for Multicultural and Community Affairs](#) we support residency and fellowship training programs in the recruitment of trainees from diverse backgrounds, including those underrepresented in medicine.

13.3%

Residents and Fellows Underrepresented in Medicine in 2019-20 in Icahn School of Medicine at Mount Sinai Training Programs

47.2%

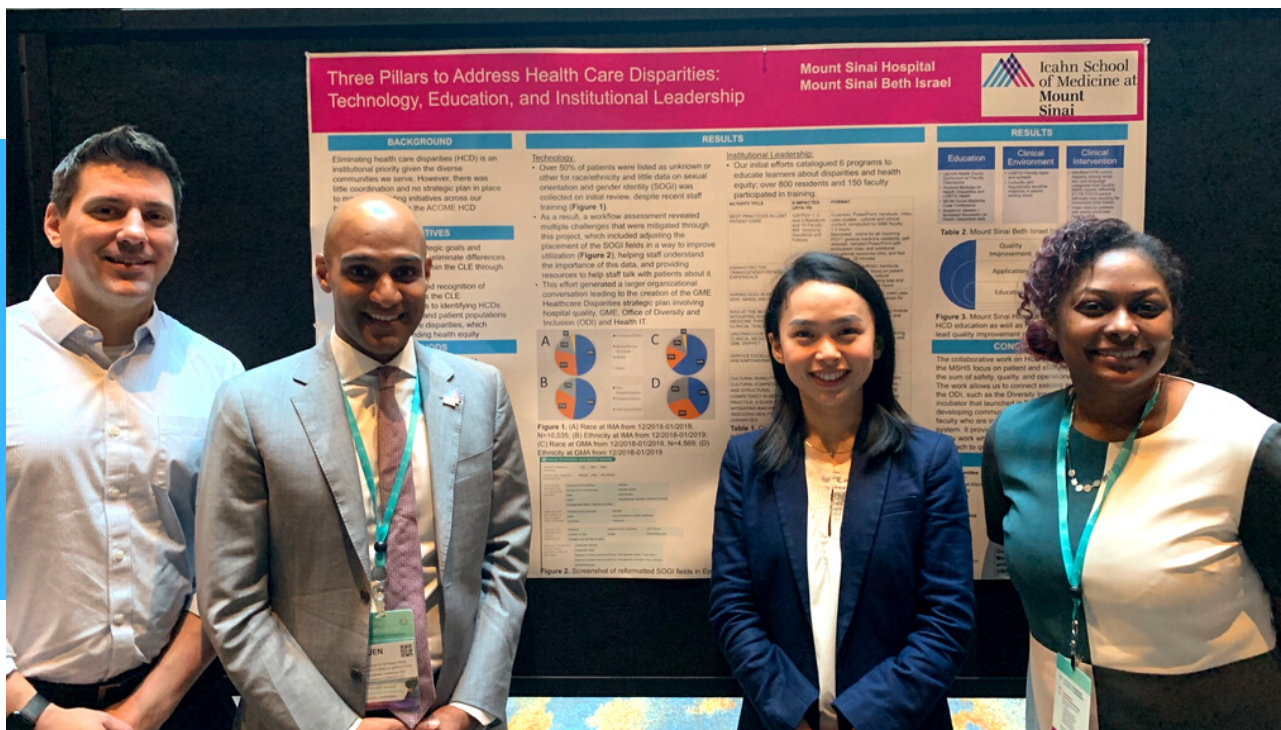
Female Residents and Fellows in 2019-20 in Icahn School of Medicine at Mount Sinai Training Programs

HEALTH CARE DISPARITIES ENGAGEMENT

ISMMS was one of nine Sponsoring Institutions nationwide to be selected in late 2018 to participate in the **ACGME's Pathway Leaders Health Care Disparities Collaborative** as part of the ACGME's Pursuing Excellence in the Clinical Learning Environments Initiative. The selected project is "Use of granular race and ethnicity data (RED) and sexual orientation and gender identity (SOGI) data to assess ambulatory learning environment disparities in process and outcomes of health care." The initial work is focused on Internal Medical Associates (IMA) uptown and General Medicine Associates (GMA) downtown.

The collaborative team, whose membership includes GME and Hospital leadership, residents/fellows, faculty, health informaticists, and nurses, travelled to Chicago in late November 2019 for a third and final collaborative learning session at ACGME headquarters. They presented their work at the ACGME Annual Educational Conference in San Diego in late February 2020. The group will also present an update of their work at the 2021 Virtual ACGME Annual Educational Conference.

The group has developed a GME Educational Strategic Plan to create a strategic approach to data collection, QI/PS and education as it relates to equity. The education work group has created a digital library of curated content for education in healthcare disparities (HERC). The group will develop a compendium of equity data dashboards with clinical leadership, to be shared with the GME community.



GME WELL-BEING CHAMPIONS

In 2017-18 Graduate Medical Education created the **GME Well-Being Champions Program** with an initial cohort selected. Following a second cohort in 2018-19, a third cohort was appointed in 2019-20. Faculty participants in the program work towards promoting a culture of well-being within a given residency or fellowship program(s), in order to ensure that wellness is not forgotten among the many competing priorities in academic medicine.

The program is directed by **Sakshi Dua, MD** and the 2019-20 Well-Being Champions are listed below.

Heidi Bender, PHD

Neurology, Mount Sinai Hospital

Erica Brody, MD

Pediatrics, Mount Sinai Hospital

Eliana Cardozo, MD,

Physical Medicine and Rehabilitation, Mount Sinai Hospital

Krishna Chokshi, MD

Internal Medicine, Mount Sinai Hospital

Anthony Del Signore, MD

Otolaryngology, Mount Sinai Hospital

Raisa Gao, MD

Obstetrics and Gynecology, Mount Sinai Hospital

Meenakashi Gupta, MD

Ophthalmology, New York Eye and Ear Infirmary of Mount Sinai

Manassa Hany, MD

Psychiatry, Mount Sinai Morningside/West

Raymonde Jean, MD

Internal Medicine, Mount Sinai Morningside/West

Christopher Kellner, MD

Neurological Surgery, Mount Sinai Hospital

Holly Koncicki, MD

Nephrology, Mount Sinai Hospital

Quinn Leslie, MD

Emergency Medicine, Mount Morningside/West

Whitney Lieb, MD

Obstetrics and Gynecology, Mount Sinai Morningside/West

Michelle Marin, MD

Emergency Medicine, Mount Sinai Hospital

Christine Mulholland, MD

Geriatric Medicine, Mount Sinai Hospital

Scott Nowakowski, MD

Radiology, Mount Sinai Hospital

Barbara Orlando, MD

Anesthesiology, Mount Sinai Morningside /West

Kamron Pourmand, MD

Transplant Hepatology, Mount Sinai Hospital

Melissa Rocco, MD

Anesthesiology, Mount Sinai Hospital

Maria Ronquillo, MD

Critical Care Medicine, Mount Sinai Hospital

Abdelsalam Sharabi, MD

Pathology, Mount Sinai Morningside/West

Natalie Smith, MD

Anesthesiology, Mount Sinai Hospital

Matthew Swan, MD

Neurology, Mount Sinai Beth Israel

Andrea Weintraub, MD

Neonatal and Perinatal Medicine, Mount Sinai Hospital

RESIDENT/FELLOW RECOGNITION

ACGME David C. Leach Award

The ACGME annually recognizes notable institutions and program personnel for their outstanding work and contributions to graduate medical education through their Awards Program. This year a team from Mount Sinai Hospital Psychiatry was awarded the prestigious **David C. Leach Award** (presented at the 2020 ACGME Educational Conference in San Diego) which recognizes residents and fellows who have fostered innovation and improvement in their residency programs, advanced humanism in medicine and increased efficiency and emphasis on educational outcomes.



Team Lead: Anne Hart, MD, PGY3, Psychiatry, Mount Sinai Hospital

Team Members: Jordyn Feingold, MAPP, Medical Student, ISMMS; Deborah Marin, MD, Faculty; Asher Simon, MD, Associate Program Director

Initiative: The PEERS Program is a trainee-led, longitudinal curriculum aimed at cultivating well-being, resilience and community among medical trainees at the Icahn School of Medicine at Mount Sinai. The program is comprised of structured support groups incorporating discussion, mindfulness exercises, and evidence-based techniques from positive psychology. Over the course of ten modules, the curriculum targets common challenges at each stage of medical education to equip trainees with the relevant skills to face challenges and thrive throughout training.

ACGME Back to Bedside

Two ISMMS training programs had projects selected to participate in the 2019-2021 cohort of the ACGME's innovative **Back to Bedside** initiative, a resident-led initiative to empower medical residents and fellows to create innovative strategies for increasing time with patients, improving physician and patient well-being. The projects below were among 33 from across the country that were selected for grant funding from over 200 applications.



“Follow-up Cards”: Returning to the Virtual Bedside

Emergency Medicine, Mount Sinai Hospital

Team Lead: Paul Peng, MD, PHD, PGY4

Team Members: Elaine Rabin, MD, Program Director (Faculty Mentor); Cailey Simmons, MD, PGY3; Melissa Villars, MD, MPH, PGY2

Project Aims: EM residents would derive a greater degree of personal accomplishment and meaning in their work if they could simply know how their care has impacted patients. Residents will be provided with a “follow-up card” with a personalized QR code associated with a Google Voice number and if inclined to follow-up on a patient, the card allows a personalized means to receive a voluntary update via an aliased medium (i.e. Google Voice) without revealing contact information.



Engaging Physician Trainees through Bedside ICU Narratives

Pulmonary Disease and Critical Care Medicine, Mount Sinai Morningside/West

Team Lead: Christine Nguyen, MD, PGY6

Team Members: Mirna Mohanraj, MD, Associate Program Director (Faculty Mentor); Alexander Davidovich, DO, MS, PGY5; Deep Patadia, MD, MPH, PGY5; Janet Shapiro, MD (Faculty Mentor); Jonathan Stoeber, MD, PGY5

Project Aims: 1. Institute standardized narrative medicine practice to elicit and share biographic and social background information for non-communicative, critically ill patients; 2. Humanize the ICU and foster meaning in the physician trainee learning environment; 3. Assess pre- and post-intervention empathy in ICU physicians

SINAInnovations Trainee Innovation Idea Award



At the October 2019 SINAInnovations Conference Kurt Yaeger, MD, Neurological Surgery, Mount Sinai Hospital was awarded the House Staff Trainee Innovation Idea Award.

The awarded innovation was the design of a new microcatheter for embolization of brain arteriovenous malformations (AVM) with a goal to make the procedure safer and more effective than current devices. At present, two catheter types are used: those with balloons (to prevent reflux of embolic material into normal cerebral arteries) and those with detachable tips (to prevent catheter entrapment in the injected and hardened glue). The design of this novel catheter leverages the advantages of both catheter types: a detachable tip balloon microcatheter, in which a protective sheath covers the balloon to prevent entrapment, which is designed to detach after the embolic agent is injected. Ideally, this innovation would replace the need for two microcatheters, saving time during each procedure and improving the quality and safety of embolization, which would serve to lower overall healthcare costs associated with AVM treatment.

Harvard Macy Program for Post-Graduate Trainees

27 Mount Sinai Health System residents and fellows were accepted to the 2019 Program for Post-Graduate Trainees: Future Academic Clinician-Educators co-sponsored by the Harvard Macy Institute, Boston Children's Hospital and ISMMS. The course took place December 7-9, 2019 at the Massachusetts General Hospital Institute of Health Professions, and the 3-day program is built around two major themes: skills in teaching, and scholarship in medical education.

Debora Afezolli, MD

Geriatrics and Palliative Medicine, Mount Sinai Hospital

Naman Barman, MD

Internal Medicine, Mount Sinai Hospital

Benjamin Bier, MD

Cardiology, Mount Sinai Hospital

Benjamin Brush, MD

Neurology, Mount Sinai Hospital

Prapti Chatterjee-Murphy, MD

Internal Medicine, Mount Sinai Hospital

Angela Condo, MD

Geriatrics and Palliative Medicine, Mount Sinai Hospital

Kelly Cummings, MD

Geriatrics Medicine, Mount Sinai Hospital

Yakira David, MD (IME Scholarship)

Gastroenterology, Mount Sinai Hospital

Megha George, MD (Faculty)

Emergency Medicine, Mount Sinai Hospital

Christina Hajicharalambous, MD (Faculty)

Emergency Medicine, Mount Sinai Hospital

Benjamin Hyers, MD

Anesthesiology, Mount Sinai Hospital

Cassandra Koid Jia Shin, MB, BCh, BAOP

Pediatrics, NYC Health+Hospitals Elmhurst

Yaowaree Leavell, MD

Neurology, Mount Sinai Hospital

Scott Leikin, DO

Critical Care Medicine, Mount Sinai Hospital

Ananya Manchikalapati, MBBS

Pediatrics, NYC Health+Hospitals Elmhurst

Jamie Nichols, MD

Neurology, Mount Sinai Hospital

Vijay Palvia, MD

Minimally Invasive Gynecologic Surgery, Mount Sinai Hospital

Caroline Park, MD, PHD

Internal Medicine, Mount Sinai Beth Israel

Paul Peng, MD, PHD

Emergency Medicine, Mount Sinai Hospital

Adam Russak, MD

Internal Medicine, Mount Sinai Hospital

Bertin Salguero, MD

Internal Medicine, Mount Sinai Morningside/West

Monica Sethi, MD

Emergency Medicine, Mount Sinai Hospital

Ronak Shah, MD

Anesthesiology Health Care Simulation, Mount Sinai Hospital

Sonali Tatapudy, MD

Pediatrics, Mount Sinai Hospital

Kevin Wang, MD (IME Scholarship)

Orthopaedic Surgery, Mount Sinai Hospital

Mitchell Wice, MD

Geriatrics and Palliative Medicine, Mount Sinai Hospital

Adina Wise, MD

Neurology, Mount Sinai Beth Israel

Institute for Medical Education (IME) Excellence in Teaching Awards

The **Institute for Medical Education's (IME) Excellence in Teaching Awards** honor faculty, trainees, students, and staff who have demonstrated outstanding achievement in teaching and have made meaningful contributions to the educational activities across the Mount Sinai Health System. Below are residents and fellows awarded the **House Staff Excellence in Teaching Awards** in 2020.

Paul Peng, MD, PHD

Emergency Medicine, Mount Sinai Hospital

Bertin Salguero Porres, MD

Internal Medicine, Mount Sinai Morningside/West

Mingyang Liu Gray, MD, MPH

Otolaryngology, Mount Sinai Hospital

Camille Hebert, MD

Pediatrics, Mount Sinai Hospital

Donald Apakama, MD

Emergency Medicine, Mount Sinai Hospital

Matthias Linke, DO

Spinal Cord Injury Medicine, Mount Sinai Hospital

Kenneth Leung, MD, MS

Neurology, Mount Sinai Hospital

Alpha Omega Alpha

The following residents/fellows were inducted into **Alpha Omega Alpha** in June 2020 for their longstanding contributions to residency, fellowship and medical student educational activities, outstanding mentorship, scholarship and commitment to both clinical care and institutional and community service.

Maryam Akbari, DMD, MD, MPH

Oral and Maxillofacial Surgery, Mount Sinai Hospital

Joshua Kiss, MD

Cardiology, Mount Sinai Hospital

David Power, MB, BCh, BAO

Internal Medicine, Mount Sinai Hospital

Ali Ahsan Ali, MD:

Psychiatry, NYC
Health+Hospitals/Elmhurst

Scott Leikin, DO

Critical Care Medicine, Mount Sinai Hospital

Andres Ramirez Zamudio, MD, MPH

Obstetrics and Gynecology, Mount Sinai Hospital

Ana Belen Arevalo Molina, MD

Internal Medicine, Mount Sinai Morningside/West

Kenneth Leung, MD, MS

Neurology, Mount Sinai Hospital

Eleanor Roberts, MD

Emergency Medicine, Mount Sinai Hospital

Arvind Badhey, MD

Otolaryngology, Mount Sinai Hospital

Deborah Marshall, MD, MAS

Radiation Oncology, Mount Sinai Hospital

Sheila Rustgi, MD

Gastroenterology, Mount Sinai Hospital

Kristian Becker, MD

Pediatrics, Mount Sinai Hospital

Kimia Menhaji, MD

Female Pelvic Medicine and Reconstructive Surgery, Mount Sinai Hospital

Bertin Salguero Porres, MD

Internal Medicine, Mount Sinai Morningside/West

Anton Camaj, MD, MS

Internal Medicine, Mount Sinai Hospital

Connor Oates, MD

Internal Medicine, Mount Sinai Hospital

Morgan Sellers, MD, MSHPS

Surgery, Mount Sinai Hospital

David Cisewski, MD

Emergency Medicine, Mount Sinai Hospital

Vaibhav Patel, MD:

Hematology and Medical Oncology, Mount Sinai Hospital

Stephen Trinidad, MD

Surgery, Mount Sinai Hospital

Adiac Espinosa Hernandez, MD

Internal Medicine, Mount Sinai Morningside/West

Hannibal Person, MD

Pediatric Gastroenterology, Mount Sinai Hospital

Nelson Valentin Feliciano, MD

Internal Medicine, Mount Sinai Beth Israel

Xiaocen Zhang, MD

Internal Medicine, Mount Sinai Morningside/West

DEVELOPING PHYSICIAN LEADERS

In collaboration with the Icahn School of Medicine at Mount Sinai's Graduate School of Biomedical Sciences, GME launched a **Leadership Development Program** in 2018-19. The certificate program is designed to equip residents and fellows with skills and tools to work more effectively in a variety of team settings and to increase self-awareness of leadership styles and impact.

Monthly half-day training sessions include interviews, presentations, and informal conversations with a number of key physician leaders, among them senior executives of the Mount Sinai Health System, leading clinical faculty, and external/national experts. The training culminates in a capstone project.

A first cohort of over 35 residents and fellows from across the Mount Sinai Health System completed the training course in December 2019 and a similarly sized second cohort completed the course in June 2020. A third cohort of residents and fellows was scheduled to begin the course in September 2020.



SUPPORTING SCHOLARLY ACTIVITY

Each June, over 200 residents and fellows from the Mount Sinai Health System and our Consortium affiliates are invited to present research in oral and poster presentations at the [Annual GME Research Fair](#). Prizes are awarded for the top presenters in several categories including Basic Science Research, Clinical Research, Quality Improvement and Patient Safety, Education Research, Wellness, and Clinical Vignettes/Case Reports.

Due to COVID-19 the 2020 Research Fair was moved to an online format with poster rounds via Morressier and Oral Presentations via Zoom. Below are the winners of the 2020 Research Fair:

Oral Presentation Winner:

Ryan Leibrandt, MD

Internal Medicine, Mount Sinai Beth Israel

Imaging is not indicated in Staging of Asymptomatic Patients with Early Breast Cancer- Are We Following Current Recommendations

Poster Winners:

Umair Ali, MD,

Internal Medicine, Health+Hospitals Queens

Is TIMI score a Better Predictor Tool than HEART in Patients with Chronic Kidney Disease? Evaluating Clinical Outcomes of Patients Admitted for Acute Coronary Syndrome Rule Out.

Matthias Linke, MD

Spinal Cord Injury Medicine, Mount Sinai Hospital

Quality Improvement of Resident Assessment of Pressure Injuries in Patients with a Spinal Cord Injury Hospitalized in Acute Inpatient Rehabilitation.

Rui Jiang, MD

Preventive Medicine, Mount Sinai Hospital

Epidemiology of Completers and Non-completers of Colorectal Cancer Screening in an Urban Primary Care Practice

Chukwuemeka Mbagwu, MD

Surgery, Mount Sinai Hospital

Preoperative Albumin, Transferring, and Total Lymphocyte Count as Risk Markers for Postoperative Complications Following Total Joint Arthroplasty: A Systematic Review

Michael Chua, MD

Ophthalmology, New York Eye and Ear Infirmary of Mount Sinai

Micro Incision, Transiridal Aspiration Cutter Biopsy for Ciliary Body Tumors

Jason Feinman, MD

Internal Medicine, Mount Sinai Hospital

HLA Allosensitization in Patients on Continuous Flow LVAD Support: Are Patients at Increase Risk?



FACULTY DEVELOPMENT

On October 23, 2019 over 230 faculty from across ISMMS and the larger GME Consortium participated in the **4th Annual GME Educational Conference**. The theme of this year's conference was **Diversity, Equity and Inclusion: Fostering Innovation in GME** and included key notes from **Quinn Capers, IV, MD, FACC**, Dean for Faculty Affairs at The Ohio State University School of Medicine ("The Lack of Diversity in Medicine is a National Emergency: The Way Forward") and **Elizabeth Howell, MD, MPP**, Associate Dean for Academic Development and Vice Chair of Research, Obstetrics and Gynecology, Icahn School of Medicine at Mount Sinai ("The Overlap Between Health Equity and Quality Care: The Case of Maternal Mortality").

Faculty had the opportunity to also engage in a variety of smaller workshop sessions on topics such as Giving Effective Feedback; Academic Promotions; Resident Mistreatment; Mentoring and Sponsorship in the #HeForShe #MeToo Era; and Tools for Improving Clinical Teaching. A New Program Director Workshop was also offered for new and emerging program directors..

In 2019-20 GME also continued to offer the 8-week **Mindfulness-Based Stress Reduction (MBSR) Course for Faculty**, with a goal of training faculty that work with residents and fellows to be mindfulness facilitators as part of our broader focus on the well-being of our trainees and faculty. Two cohorts of over 20 faculty participated in the certificate course in 2019-20.

COORDINATOR DEVELOPMENT

In its July 2020 revision of the **Common Program Requirements** the ACGME pointed to the important role Program Coordinators play in the management of training programs noting:

The program coordinator is a member of the leadership team and is critical to the success of the program. As such, the program coordinator must possess skills in leadership and personnel management. Program coordinators are expected to develop unique knowledge of the ACGME and Program Requirements, policies, and procedures. Program coordinators assist the program director in accreditation efforts, educational programming, and support of residents. Programs, in partnership with their

Sponsoring Institutions, should encourage the professional development of their program coordinators and avail them of opportunities for both professional and personal growth.

On October 3, 2019 nearly 100 program coordinators and administrators from across ISMMS and the larger GME Consortium participated in the **GME Coordinator/Administrator Conference**. The conference included sessions on Recruitment Best Practices and Post-Match Analysis; Supporting International Medical Graduates in Training; Navigating Beyond Conflict; Projecting the Coordinator Role; and Lean Training.





COVID-19 RESPONSE


Due to COVID-19 ISMMS declared a “Pandemic Emergency” under ACGME Institutional Policy for 60 days (March 25, 2020-May 23, 2020). Under this declaration, residents and fellows were permitted to perform duties outside of the curriculum of their residency and fellowship programs, as directed by the Sponsoring Institution and the DIO. This was based upon the needs of our hospitals and our community in responding to this pandemic emergency.

Residents and fellows were invited to submit narratives, photos, and artwork that depicted examples of colleagues going above and beyond, teamwork and community that was particularly inspirational, or general reflections. [The COVID-19 Narrative Project](#) was

distributed the first week of June as part of [Resident and Fellow Appreciation Week](#) (June 1-5) and documented the generosity of spirit, hard work, and bravery that was exemplified by the GME community during a challenging time of tremendous uncertainty and need.

“The COVID pandemic has brought out the best in our community and may have lasting implications for societal functioning moving forward. During the peak of the pandemic, I had the privilege of working in two of our COVID ICUs with phenomenal teams. What has been the most striking, other than the selflessness and dedication of the nurses, NPs, PAs, BAs, and physicians on the team, is the team structure. For the first time, we have gathered across hospital geography and specialty to care for these patients not as consultants, but as members of the same, cohesive primary team. It is inspiring and rejuvenating to work with all of you.”

Joshua Lampert, MD
Cardiovascular Disease, Mount Sinai Hospital

A group of five medical professionals, including nurses and physicians, are standing in a hallway. They are all wearing face masks and scrubs. The background shows a door and a wall with some signs. A blue semi-transparent box is overlaid on the center of the image, containing text.

Graduate Medical Education (GME) ensures a superior and supportive education environment by advocating for and providing expertise and resources to our trainees and programs. Through innovative approaches to education, research, and patient care, we produce leaders who will thrive in their careers as physicians and scientists so they can meet the changing needs of our society.

Office of Graduate Medical Education
Icahn School of Medicine at Mount Sinai
One Gustave L. Levy Place, Box 1076
New York, NY 10029
212.241.6694

<https://icahn.mssm.edu/education/residencies-fellowships>